



Week 1: Integrity

May integrity and uprightness protect me, because my hope, Lord, is in you.

—Psalm 25:21 NIV

Big Idea

Integrity is the foundation of who you are, what your family will become, and how successful your business endeavors will be. It's how you behave when no one is looking. It is living your life in the fear of God without regard for man's opinion. Living with integrity takes courage. It takes great courage to live uprightly for Christ day in and day out, to walk through the daily grind of this life with unswerving integrity, doing the right things when no one is watching, living by standards, principles, conscience and convictions 100 percent of the time. Be courageous and do the right thing. It will preserve you and your family.

Discussion

- Proverbs 22:1 says, “A good name is more desirable than great riches, to be esteemed is better than silver or gold”. Discuss the importance of a good name. Explain how you strive to uphold your good name.
- Integrity is the foundation of the model man, and truth is the foundation of integrity. Being real, authentic, genuine, and transparent builds integrity and restores it when it is broken. Discuss the importance of telling the whole truth and nothing but the truth. Share a time when choosing to tell the truth turned out better than choosing to withhold the truth.
- Integrity is the making of promises and the keeping of those promises. The Bible says that the Lord was with Samuel and “let none of his words fall to the ground” (1 Samuel 3:19). Samuel was a young man, but he was respected for the accuracy of his words. When making a promise or commitment, talk about some practical ways to ensure you honor your word.

Next Steps

If you have not already completed the Growth Track, make plans to do so. For times and locations this week, visit churchofthehighlands.com/connect/growth-track. Also, get a list of names and contact info for the men in your group so that you can keep in touch with them throughout the semester.

Closing Thoughts

Pray that God would reveal the areas where you and your group members can become more honest, either in word or in deed. Allow God to shine a light on the areas of your lives that you all could grow in Godly integrity.