



Week 2: The War on Sexual Purity

Like a city whose walls are broken through is a person who lacks self-control.

—Proverbs 25:28 NIV

Big Idea

Your flesh is in a war with its cravings and its fantasies. But you don't have to put up with it. A man can walk pure, but it won't happen by accident. If you are serious about winning this fight, you are going to have to develop some boundaries and erect some walls to keep the enemy out. You must have personal guidelines set up in order to remain sexually pure. If you drift from day to day, situation to situation, without non-negotiables, you can find yourself over the line where it is difficult to return. Instead, guard yourself from danger by having accountability, if married, draw closer to your wife and finally, have a system of reliable, consistent relationships and activities you never miss.

Discussion

- Billy Graham's number-one rule was, "never be alone with a woman." What situations (lunches, carpools, office meetings, travel and other settings) do you face where you have to apply this rule to your life? Discuss why we need guidelines and non-negotiables for purity.
- Accountability with the internet, your travel, cable TV, and your workplace is critical. Explain what measures you have put in place to be sure temptation will not overcome you in one of these areas so that you can remain pure for life.
- If you are married, the best defense is a good offense. Share how keeping the romance alive in your marriage makes you powerful and strong in resisting sexual sin. Discuss practical ways you can put a log on the fire with your wife in this fast-paced and high-pressured world.

Next Steps

Think about the temptations you need to remove or the safeguards you need to add to allow you to live a life of purity. Find three to four guys, even outside this small group, that you can be transparent with about your life — not just your purity. Remember, someone is always looking to you as an example.

Closing Thoughts

Maintaining purity in your life is vital to living a life of integrity as a man. Developing boundaries and accountability will help you in the fight to safeguard your purity. Although fighting to remain pure can feel like a war, we have the ability to win through the power of the Holy Spirit.